



### *Important Dates*

#### **November 4 - 5**

- SCHOOL CLOSED  
Parent/Teacher Conferences

#### **November 15 - 19**

- Operation Christmas Child

#### **November 22 - 26**

- SCHOOL CLOSED  
Thanksgiving Break

### *Looking Ahead*

#### **December 6**

- Christmas Program, 7PM  
Rooms 3, 4, & 5 (Threes)

#### **December 7**

- Christmas Program, 7PM  
Rooms 1, 2, 6, 7, 8, & 9
- Visit VCCS day.

#### **December 16**

- Cookies, Cocoa, & Movie

#### **December 17 – 31**

- SCHOOL CLOSED,  
Christmas Break

#### **January 3**

- Return to School



# Cubs Corner

**VALLEY CHRISTIAN PRESCHOOL**  
7500 Inspiration Drive, Dublin, CA 94568  
925.560.6235

Jody Boggs, Director  
email [jboggs@dublinvcc.org](mailto:jboggs@dublinvcc.org)  
[www.dublinvcc.org](http://www.dublinvcc.org)

### *From the Director*

I really enjoy Thanksgiving and the precious family time it brings. I enjoy the cooking, the baking, the eating, and watching the parade. I also enjoy the time to reflect on the gift of God's grace. Find some quiet moments when you can converse with the Creator and some moments when you can just listen. Cherish whatever time you have with your children. Converse and listen to them, too! Take delight and say "thanks" for all the gifts you have.

Blessings,  
Mrs. Jody

"Be joyful at your Feast – you, your sons and daughters. For the Lord your God will bless you in all your harvest and in all the work of your hands, and your joy will be complete."  
Deuteronomy 16:14-15



### *Special Events Corner*

#### ☆ **Harvest Festival Thanks**

From harvest bingo to pumpkin decorating, our kiddos had a great time. Thank you for volunteering to make our annual Harvest Festival so much fun!

#### ☆ **Cookie Dough Sale**

Thank you so much for your generosity and hard work. Because of you, our Preschool has been blessed with about \$2,000. Thank you! Cookie dough will be delivered mid-November. We will keep you posted.

#### ☆ **Parent/Teacher Conferences**

Conferences will be held on Thursday and Friday, November 4 and 5. Your child's teacher will post a conference schedule on her door or Parent Board. Parents are encouraged to attend. A progress report will be provided to you and will address a variety of aspects of your child's development. It is not necessary for parents of our precious two year olds to schedule a conference, yet Mrs. Darcy and/or Mrs. Carolyn would be happy to be meet with you.

#### ☆ **VCC Food Drive Children's Emergency Council**

Valley Christian Center holds a food drive each year before the holidays to help stock local food pantries. These donations allow families in need to have a nice holiday season. Donation bags have been placed in your child's cubby and should be returned to the Preschool by November 5.



### Health Tip:

When it comes to healthy habits for kids, hand washing is a very important one. To make it work, it needs to be built into their routines.

Parents should make hand washing a ritual, like brushing their teeth.

You should always have your kiddos wash their hands:

1. When they arrive at day care or preschool.
2. Before they eat.
3. After using the potty or changing their clothes.
4. After a play date.
5. As soon as they come in the house – whether it is from school or playing in the yard.

The key is consistency. If you do, your kids might start hand washing automatically. They might even remind you if you forget. ☺

### Operation Christmas Child

November 15 marks the first day for collecting shoeboxes for Operation Christmas Child. Operation Christmas Child brings joy and hope to children in desperate situations around the world through gift-filled shoeboxes and the Good News of God's love. This Samaritan's Purse program provides an opportunity for people of all ages to be involved in a simple, hands-on missions project while focusing on the true meaning of Christmas. Along with the shoebox gifts, millions of children are given Gospel booklets in their own language. We will collect shoeboxes through November 19.

### 5 Discipline Traps to Avoid

Making mistakes is part of being a parent, and discipline is an area where we slip up constantly. It's one of our most daunting tasks, and to do it well we have to make clear, sensible decisions at exactly the same moment when we may be angry, frustrated, or embarrassed.

Here are the five biggest blunders most of us are guilty of, and ways to avoid these common mistakes:

1. ***Thinking one style fits all.*** It would be nice if one approach worked for every child, but understanding that this isn't the case will save you a lot of frustration. Sometimes it takes several attempts to find the right discipline for "currency" for each child. Don't give up.
2. ***Overdoing it.*** The discipline should fit the "crime." Don't threaten to take away the birthday party when you know that will never happen.
3. ***Underdoing it.*** For discipline to work well it needs to be something your child doesn't want to have happen. Don't take away a toy he/she could care less about.
4. ***Being inconsistent and not following through.*** If you take away your child's TV privileges for the day and then give in while you're making dinner, he/she will figure out pretty soon that there may not be a punishment if the rules are broken.
5. ***Always focusing on the negative.*** Instead of always reprimanding your child, try catching your little one doing something good and giving them positive feedback. You would be surprised how well this works.