



## SENIOR RECOMMENDATION INFORMATION

This information is requested so that school staff members who will be writing letters of recommendation for you will be able to do so in the best and most complete way possible. Please complete all sections of this form with this goal in mind.

When you have completed this form, make copies so that you can give one (1) to every person you've asked for a letter of recommendation. Be sure to provide each person with a stamped, pre-addressed envelope, and official recommendation form if the college requires one. **Make sure it is given to the person at least two weeks before the recommendation is due to arrive at its destination.**

Family Education Rights and Privacy Act of 1974: This form is to be used as a reference for admission purposes. As currently interpreted by the Department of Education, the Act provides that college or scholarship applicants who subsequently enroll will have a right to inspect and review the evaluation if it is retained by the university, unless that right is waived in writing. **Sign your name below only if you wish to waive your right of access.**

I request that this reference form be sent to agencies of my choice with the understanding that it will be used for admission or scholarship purposes. I understand that I may not read this reference and agree that I will not seek to do so, either while I am enrolled at Valley Christian High School or subsequently.

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

### PLEASE TYPE OR PRINT LEGIBLY.

Full legal name: \_\_\_\_\_

Social security number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

1. Colleges you have chosen or are considering? \_\_\_\_\_  
\_\_\_\_\_ Major? \_\_\_\_\_

2. What vocation or career are you considering and why? \_\_\_\_\_  
\_\_\_\_\_

3. What are your strengths? \_\_\_\_\_  
\_\_\_\_\_

4. In which areas are you making an effort to improve? \_\_\_\_\_  
\_\_\_\_\_

5. What are your hobbies or special interests? \_\_\_\_\_  
\_\_\_\_\_

6. List five (5) words you would use to describe yourself: \_\_\_\_\_  
\_\_\_\_\_

7. What special talents do you possess? (music, sports, drama, etc.) \_\_\_\_\_  
\_\_\_\_\_

8. List three (3) or more high school teachers who know you the best. \_\_\_\_\_

9. ACTIVITIES: In this section, be sure you list the year, team, class, position, specific office held, hours worked, and any other details or information you'd like to note. For example: 10<sup>th</sup> grade - Sophomore Class Treasurer, 11<sup>th</sup> grade - Quarterback

School activities  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Sports activities  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Out-of school activities (church work, community service, Girl/Boy Scouts, etc.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Travel experiences  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Work experience (paid work; give hours worked per week)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any/all awards and honors  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10. If you were writing this recommendation, what would you be sure to include? (for example, unique qualities) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11. What will you bring to a college - intellectually, socially, other? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_